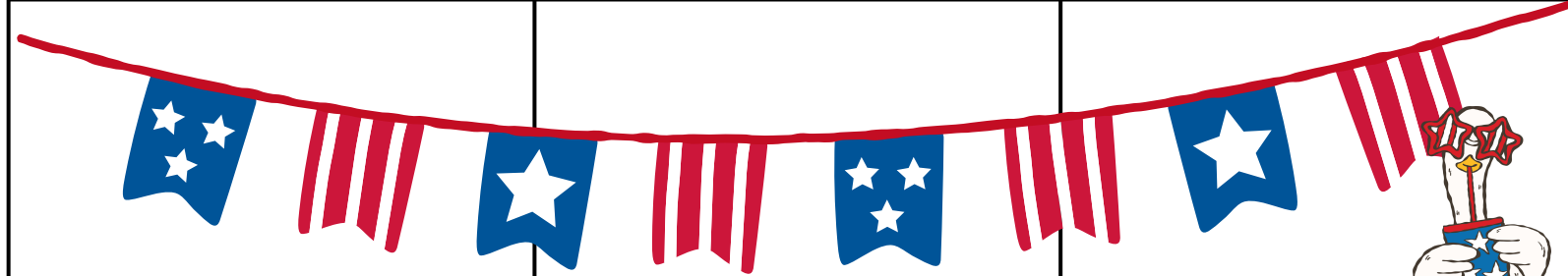


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
			11:30am-2pm- A Red, White & Blue Backyard BBQ & Mini Patriotic Parade- Patio/DR 7pm- Cozy Cinema Time: "Happiness for Beginners"-T	10am- Exercise w/ Betty- B 11am- Communion w/ Michael- PD 1pm- Bible Study-T 1pm- Art w/ Michele- B 3pm- Happy Hour & Music w/ Michael Tegio- DR 7pm- Cozy Cinema Time: "The Land of Steady Habits"-T	10am- Trivia- CR 1pm- Pinochle/Bridge-CR 3pm- Patriotic Cinema Time: "We're the Millers"-T 7pm- Patriotic Cinema Time: "You Gotta Believe"-T	9:30am- Walking Exercise Video-T 10am- Body & Balance w/ Vicki- T 10:30am- 4th of July Take-&-Make Crafts- DR 1:30pm- Bingo-B 2:30pm- Stars & Stripes Snack Station- B 2:30pm- Rummikub- CR 3pm- Patriotic Cinema Time: "Sandlot"- T 7pm- Patriotic Cinema Time: "Here"-T 7pm- S'mores & Sparklers- Patio
5 2pm- Needlework-L 7pm- Cozy Cinema Time: "The Half of It"-T	6 10am- Trivia- CR 11am- Rosary Prayer w/ Michael- PD 1:30pm- Bingo- B 2:45pm- Bean Bag Baseball- B 7pm- Cozy Cinema Time: "I Am Not an Easy Man"-T	7 10am-Exercise w/ Betty- B 10:30am- Trader Joe's Trip- BT 1pm- Pinochle/Bridge-CR 1:30pm- Smiths Trip- BT 3pm- Happy Hour & Music w/ John Palmore- DR 7pm- Cozy Cinema Time: "Eurovision"-T	8 10am- Loss Support w/ Elizabeth from Eden Hospice- T 11:30am-1:30pm- Lunch Action Station w/ Chef Joe- DR 1:30pm- Bingo- B 2pm- Walmart Trip- BT 2pm- Mahjongg- PD 2:45pm- Bean Bag Baseball- B 7pm- Cozy Cinema Time: "Taken in Plain Sight"-T	9 10am- Exercise w/ Betty- B 11am- Communion w/ Michael- PD 2-4pm- Music w/ Jacques & Vince- DR 3pm- Happy Hour- DR 7pm- Cozy Cinema Time: "River Wild"-T	10 10am- Trivia- CR 10:30am- Home Depot Trip- BT 11am- Line Dancing Class- B 11am-1pm- Tech Table w/ Spencer Horne- DR 1pm- Pinochle/Bridge-CR 1:30pm- Home Goods/TJ Maxx Trip- BT 1:30pm- Managing Chronic Pain w/ Geriatric Specialty Care- DR 7pm- Cozy Cinema Time: "Extraction"-T	9:30am- Walking Exercise Video- T 10am- Body & Balance w/ Vicki- T 10:45am- Native American Flute Playing-DR 1:30pm- Bingo-B 2:30pm- Rummikub- CR 7pm- Cozy Cinema Time: "Marry Me"-T
12 2pm- Needlework-L 7pm- Cozy Cinema Time: "Kinda Pregnant"-T	13 10am- Trivia- CR 11am- Rosary Prayer w/ Michael- PD 11:30am- Blood Pressure Clinic w/ Sierra Nevada Home Health- PD 1:30pm- Bingo- B 2:45pm- Bean Bag Baseball- B 7pm- Cozy Cinema Time: "The Woman in the Window"-T	14 10am-Exercise w/ Betty- B 10:30am-Costco Trip- BT 1pm- Pinochle/Bridge-CR 1:30pm- WinCo Trip- BT 1:30pm- Hydration: Why It Matters More Than You Think w/ Sierra Nevada Home Health- DR 3pm- Happy Hour & Music w/ Jim Beuhler- DR 7pm- Cozy Cinema Time: "The Do-Over"-T	15 10am- Name That Tune!- B 1:30pm- Bingo- B 2pm- Mahjongg- PD 2pm- Walmart Trip- BT 2:45pm- Bean Bag Baseball- B 7pm- Cozy Cinema Time: "Triple Frontier"-T	16 10am- Exercise w/ Betty- B 11am- Communion w/ Michael- PD 1pm- Bible Study-T 1pm- Art w/ Michele- B 3pm- Happy Hour & Music w/ John Palmore- DR 7pm- Cozy Cinema Time: "Dog Gone"-T	17 10am- Trivia- CR 10:30am- Pyramid Lake Native American Museum and Visitors Center Trip- BT 11am- Line Dancing Class- B 1pm- Pinochle/Bridge-CR 2pm- Karaoke!- T 7pm- Cozy Cinema Time: "The Mother"-T	9:30am- Walking Exercise Video- T 10am- Body & Balance w/ Vicki- T 11:30am- Dorie w/ Sparrow Boutiques- DR 1:30pm- Bingo-B 2:30pm- Rummikub- CR 7pm- Cozy Cinema Time: "Always Be My Maybe"-T
19 11am- Sunday Brunch- DR 2pm- Needlework-L 7pm- Cozy Cinema Time: "You People"-T	20 10am- Trivia- CR 11am- Rosary Prayer w/ Michael- PD 1:30pm- Bingo- B 2:45pm- Bean Bag Baseball- B 7pm- Cozy Cinema Time: "Cleaner"-T	21 10am-Exercise w/ Betty- B 10:30am-Virginia City Trip- BT 1pm- Pinochle/Bridge-CR 1:30pm- Resident Story Hour- DR 3pm- Happy Hour & Music w/ Uni-Tee- DR 7pm- Cozy Cinema Time: "Along for the Ride"-T	22 10am- Name That Tune!- B 1:30pm- Bingo- B 2pm- Mahjongg- PD 2pm- Walmart Trip- BT 2:30pm- Monthly Dining Meeting w/ Residents- DR 2:45pm- Bean Bag Baseball- B 7pm- Cozy Cinema Time: "The Age of Adaline"-T	23 10am- Exercise w/ Betty- B 11am- Communion w/ Michael- PD 1pm- Bible Study-T 3pm- Happy Hour & Music w/ Ira Shore- DR 7pm- Cozy Cinema Time: "Little Brother"-T	24 10am- Trivia- CR 10:30am- Smiths Trip- BT 11am- Line Dancing Class- B 11am-1pm- Tech Table w/ Spencer Horne- DR 1pm- Pinochle/Bridge-CR 1:30pm- Goodwill Trip- BT 1:30pm- Chairside Adventures (Sign-Up Required)- T 7pm- Cozy Cinema Time: "Irish Wish"-T	9:30am- Walking Exercise Video-T 10am- Body & Balance w/ Vicki- T 1:30pm- Bingo-B 2:30pm- Rummikub- CR 7pm- Cozy Cinema Time: "Hillbilly Elegy"-T
26 2pm- Needlework-L 7pm- Cozy Cinema Time: "13 Going on 30"-T	27 10am- Trivia- CR 11am- Rosary Prayer w/ Michael- PD 1:30pm- Bingo- B 2:45pm- Bean Bag Baseball- B 7pm- Cozy Cinema Time: "The Lady of Steady Habits"-T	28 10am-Exercise w/ Betty- B 10:30am- Sam's Club Trip- BT 1pm- Pinochle/Bridge-CR 1:30pm- Smiths Trip- BT 1:30pm- Celebrating a Life: Thoughtful Planning for Funerals, Memorials & End-of-Life Wishes w/ Walton's Funeral Home- DR 3pm-Happy Hour & Music w/ Silver Sage Ukuladies- DR 7pm- Cozy Cinema Time: "I Used to Be Funny"-T	29 10am- Name That Tune!- B 1:30pm- Bingo- B 2pm- Mahjongg- PD 2pm- Walmart Trip- BT 2:45pm- Bean Bag Baseball- B 7pm- Cozy Cinema Time: "And So It Goes"-T	30 10am- Exercise w/ Betty- B 11am- Communion w/ Michael- PD 1pm- Bible Study-T 3pm- Happy Hour & Music w/ Island Joy Music- DR 7pm- Cozy Cinema Time: "The 355"-T	31 10am- Trivia- CR 10:30am- Commons Beach Trip- BT 1pm- Pinochle/Bridge-CR 7pm- Cozy Cinema Time: "Yes Day-T	

July Happenings

- 7/1 from 11:30-2pm- A Red, White & Blue Backyard BBQ & Mini Patriotic Parade- Patio/DR
- 7/4 at 10:30am- 4th of July Take-&-Make Crafts- DR
- 7/4 at 2:30pm- Stars & Stripes Snack Station- B
- 7/4 at 7pm- S'mores & Sparklers- Patio
- 7/ 8 at 10am- Loss Support w/ Elizabeth from Eden Hospice- T
- 7/ 8 from 11:30-1:30pm- Lunch Action Station w/ Chef Joe- DR
- 7/10 at 1:30pm- Managing Chronic Pain w/ Geriatric Speciality Care- DR
- 7/11 at 10:45am- Native American Flute Playing- DR
- 7/13 at 11:30am- Blood Pressure Clinic w/ Sierra Nevada Home Health- PD
- 7/14 at 1:30pm- Hydration: Why It Matters More Than You Think w/ Sierra Nevada Home Health- DR
- 7/17 at 2pm- Karaoke!- T
- 7/18 at 11:30am- Dorie at Sparrow Boutiques- DR
- 7/21 at 1:30pm- Resident Story Hour- DR
- 7/22 at 2:30pm- Monthly Dining Meeting w/ Residents- DR
- 7/24 at 1:30pm-Chairside Adventures (Sign-Up Required)- T
- 7/28 at 1:30pm- Celebrating a Life: Thoughtful Planning for Funerals, Memorials & End-of-Life Wishes w/ Walton's Funeral Home- DR

July Birthdays

7/2- Joan A. | 7/5- Judy K | 7/8- Vicki T. | 7/12- Marlene A. | 7/14- Pat W. | 7/16- Sandy B. | 7/24- Dee B. | 7/28-Pat P. | 7/28- Marlys H. | 7/29-Diana F. | 7/30- Kathryn O. | 7/30- Darla L.

Mountain Lakes Estates Managers

Executive Director- Lauren Turbett | Business Director- Donna Monroy | Marketing Director- Heather Wolf | Activities Director- Alexa Jones | Maintenance Director- Josh Burnah | Dining Director- Joe Leberski

